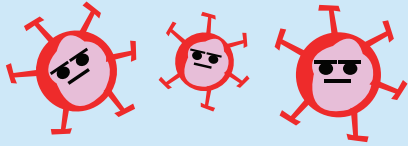


COVID-19

NOVEL CORONAVIRUS



STOP THE SPREAD

LET'S ALL DO OUR PART



Proper **hand-washing** for at least 20 seconds using soap and water.



Do not touch your face/eyes/mouth with unwashed hands.

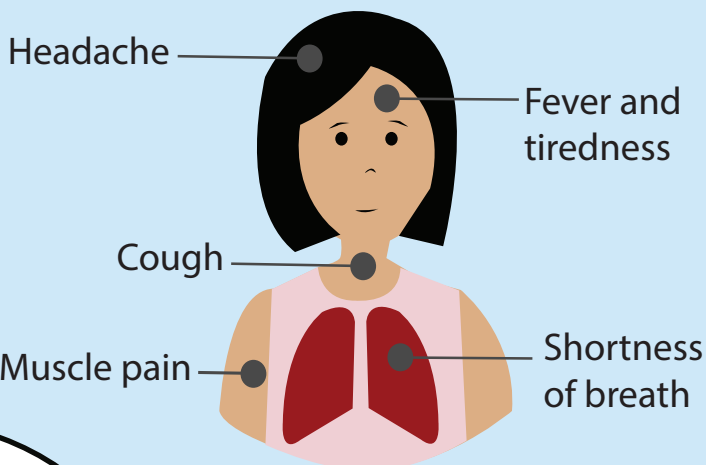


Cover your mouth and nose when you sneeze or cough with a disposable tissue or the **crease of your elbow**.



Keep a close eye on your health and **stay at home** if you are sick.

SYMPTOMS OF COVID - 19



The virus seems to start with a **fever**, followed by a **dry cough** and then, after a week, leads to **shortness of breath** and some patients needing hospital treatment (Source: WHO).

Estimated incubation period
2 - 14 Days (Source: WHO).

